

Enhance the circulation of Vibrant Chi

Bolster your intentions, goals and resolutions
with Meridian Sound Essences (needleless acupuncture)

Meridian Sound Essence neck, foot and hand massage



Central and Governing Meridian Sound Essence Oil

Rub the base of the skull and say: this vibration offers the body; support, trust and success for this new desired outcome.

I have all that I need.



Wood Meridian Sound Essence Oil

Rub the big and the fourth toes up towards the ankle on top of both feet and say: this vibration supports the body in the process of; transformation-for starting the process of moving from the old to the new.

The choices that I make support growth and beneficial change to me and the universe.



Earth Meridian Sound Essence Oil

Rub the big and second toes up towards the ankle on top of both feet and say: this vibration offers the body; I have faith in the future.

I am content and blessed and have confidence in all that I do.



Water Meridian Sound Essence Oil

Rub the bottom and outer sides of feet and say: this vibration offers the body; Sense of security and peace throughout this transformation.

I love to be alive and in charge of my own destiny.



Metal Meridian Sound Essence Oil

Rub the thumb and first finger on all sides and say: this vibration supports the body in; Letting go of what no longer serves me and opening space for change to enter.

I Release all that no longer serves me to embrace positive change in my life.



Fire Meridian Sound Essence Oil

Triple Warmer/Circulation Sex Meridian Sound Essence Oil

Rub the middle finger and ring finger on all sides and say: this vibration offers the body; buoyancy and relaxation during the process towards the new desired outcome.

I am in the rhythm of life, getting better every day.



Heart and Small Intestine Meridian Sound Essence Oil

Rub the little finger on all sides and say: this vibration offers the body; passion to impress this new desired outcome through to fruition.

I am filled with joy and gratitude in all that I do.

Contact:

www.soundessence.net
www.evelynmulders.com

Meridian Sound Essences

Meridians are the energy system that interfaces the outside to the inside of the body, relaying information like a network of transformers. Meridians affect every organ and physiological system including the immune, nervous, endocrine, circulatory, respiratory, digestive, skeletal, muscular and lymphatic system. Each system is fed by at least one meridian. The flow of the meridian is as critical as the flow of blood; your life and health depend on it. Pairing the meridians into Elemental theory takes the healing deeper into the body.

Restoring balance and homeostasis is the concept supported by the Meridian Sound Essences. The Meridian Sound Essences support the physical aspect of the meridian with the vibration of herbs and supports the etheric aspect of the meridian with the vibration of sound. The magical effects of the Meridian Sound Essences come from tapping into the dualistic nature of the meridians. The formulas for these essences balance the meridians with the homeopathic signature of the herb that resonates with the intrinsic component of the chi and blend it with the sound vibration related to the specific meridian that resonates with the extrinsic component of chi. The meridian is getting a complete harmony of balanced vibration that promotes it in health and stability.

Yin / Yang Couple – Manifesting Abundance

Central – Primary Purpose

The Central Meridian represents our connection with our source and having all you need to manifest abundance.

Governing - Soothing

The Governing Meridian's key focus is choice. It supports the feeling of knowing that you know. It is the essence of the warrior.

Fire Element - Joy/Love

Sovereign Fire Couple – Prioritizing

Heart – Transmission of Knowledge

The Heart Meridian has to do with the electrical functioning of your heart.

Small Intestine – Adaptability and has to do with assimilation on all levels physically, emotionally, mentally and spiritually.

Ministerial Fire Couple – Maintaining Balance in Life

Circulation/ Sex – Trust in Own Instincts

The Circulation/Sex Meridian supports us in transformation and clearing this residue through the circulatory system.

Triple Warmer – Encouragement

The Triple Warmer is the meridian that provides a constant ray of light bringing the hormones into alignment so that hormones function in a coordinated manner maintaining balance.

Earth Element Couple - Sympathy/Empathy – Making Choices for Highest Good

Spleen - Integrity

The Spleen Meridian regulates body chemistry and offers the capacity for enthusiasm and discernment.

Stomach – Discernment

The Stomach Meridian facilitates wisdom to discern and decide how to best handle the substance or thought.

Metal Element Couple - Grief/Guilt/Release – Living in the Moment

Lung – Enthusiasm

The Lung Meridian Sound Essence is essential for enthusiasm, the capacity to embrace each moment.

Large Intestine – Adaptability

The Large Intestine meridian has to do with receiving and letting go on a more fundamental level.

Water Element Couple - Fear/Anxiety – Opening Space for Enlightenment

Kidney – Patience and Trust

The Kidney Meridian is a filter and purifier for our emotions and this facilitates clarification on all levels. It supports us in being consciously in choice.

Bladder – Circumspect

The Bladder Meridian has to do with the issues of control and release, which opens space for consciousness or enlightenment.

Wood Element Couple - Anger/Rage – Managing Stress

Liver - Graciousness

The Liver Meridian manages stress of all kinds and protects the liver by acting as a cushion in defense of any internal or external changes.

Gall Bladder - Communication

The Gall Bladder Meridian has to do with support; the ability to provide what is appropriate when necessary.