

**“The Essence of Sound”**  
**“Full Spectrum Vibrational Healing for the Meridians, Chakras and Figure Eight Energies”**  
by Evelyn Mulders

## INTRODUCTION

Aura is life. It is the energy that operates our physical body. The auric field exists in different layers sometimes referred to as harmonics because of the colour fields they emit. Each layer of the auric field is a body just as real and alive as the physical body. Each layer is a mini world with its own sense of purpose. The magic of the auric field is in how these mini worlds intertwine and dance with one another. These layers interconnect with one another determining our experience with our physical reality.

The physical body is surrounded by an ovoid emanation made up of seven layers of the auric field. The seven bands of the auric field can be divided into two planes; the physical and the spiritual. The physical plane of the auric field is composed of the Physical, Etheric, Emotional, and Mental level. The Astral plane is the bridge between the spiritual and the physical levels of the auric field. The spiritual levels of the auric field are composed of the Etheric Template, the Celestial level, and the Ketheric Template.

The innermost band outlines the body and is called the Etheric body. Beyond this is a band of finer substance, which reflects our desires and is called the Emotional body. Beyond this lies a level of emanation often in a bright yellow colour, which reflects rational thinking, which is called the Mental body. Bridging the physical and the spiritual is the Astral body, rose hued with the light of love. It is at this plane that we explore our heart's desire and move from physical desire to soul desire. The next band is a replica of the physical body on a higher level and is the home of the Etheric Template that holds a higher will connected with divine will of consciousness. The next glow of light comes from the Celestial band, which is referred to as the light body because its matrix patterns are spun of actual light fibres. This band allows us to tap into higher truths and helps us create images that can be actualized in physical reality. The final band holds iridescence of the Ketheric Template, where we explore timeless space and where the appearance of being separate disappears. This connects us to the spiritual aspect of absolutely everything and everyone, to leave us with the sense of oneness.

Creation or manifestation takes place when a concept or a belief is transmitted from its source in the higher levels and then transduced down into the more dense levels of the auric field creating our own reality.

When checking the auric field through Kinesiology, we check to see if the aura is ovately surrounding the body and mirroring the physical body proportionately. We check the three dimensions: side to side, front to back, and up and down the centre line. Checking the auric field's alignment determines the integrity of auric balance. Using the Aura Joy mister, which contains the vibration of 12 notes, 12 colours, 16 gemstones, 7 ancient symbols, 5 sacred geometries, and aromatherapy offers the auric field a potential balancing vibration. The Aura Joy mister works like an energetic finishing spray to protect the balanced body holding its new vibration. Aura Joy is a full spectrum vibrational remedy that restores the healthy vibration to the etheric body, allowing the physical body to re-balance itself.