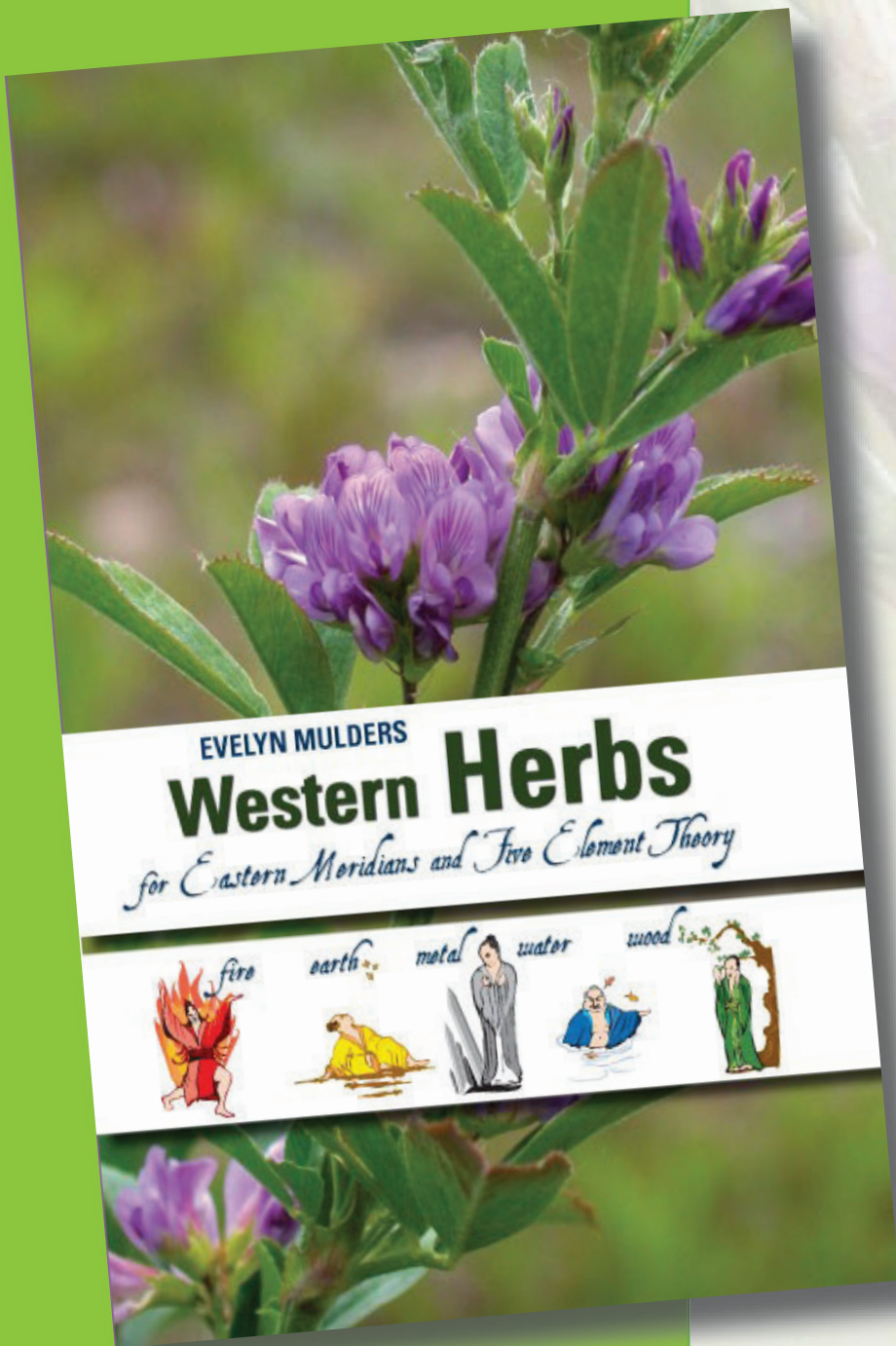


Western Herbs Workshop DVD supports the Energy Kinesiology Herbal Workshop titled Western Herbs for Eastern Meridians and Five Element Theory Workshop.

This DVD introduces the viewer to basic biofeedback monitoring also known as Energy Kinesiology or muscle testing. This workshop gives step by step instruction on how to access both the meridians and chakras for herbal support. Also included on the DVD is how to gather herbs and prepare herbal remedies.

Western Herbs Workshop DVD Preview

Listen for the insight that the herbs offer your spirit



Correlate your physical symptoms to the healing attributes of the herb



Discover the blocked emotion that's causing your discomfort

Western Herbs

for Eastern Meridians and Five Element Theory

by Evelyn Mulders

founder of the Kinesiology College of Canada in Lake Country BC

Western Herbs Manual Preview

- Three-dimensional approach to Herbology
- Explore the physical, emotional and spiritual aspects of an herb.
- Adapting Chinese medicine theory to North American herbs.
- Each herb is categorized by meridian for physical health, related to an emotional aspect and connected to spiritual insight.
- The messages of the herbs bring insight to where the meridians hold stuck energy causing discomfort in the body.
- Awareness brings attitudinal shifts allowing meridians to flow freely and the body to correct imbalance.
- This book was designed to be a working herbal manual for any busy practitioner in the healing arts.

“This herbal manual assists the Touch for Health Kinesiologist to make a herbal choice that addresses the energy imbalance both physically and spiritually to bring harmony to the soul, the whole person seeking change in their life.”

Dr. John F. Thie, DC – Author of Touch for Health, Malibu, California

“Evelyn’s desire is to empower people to be able to pick local herbs and have knowledge direction over the preparation and use of that herb. This manual has the potential to liberate people in finding the herb in local fields and having confidence in using what mother nature intended as healing gifts for us.”

Dr. Bruce A J Dewe , MD NZRK MICAK Dean, ICPKP

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