

“The Essence of Sound”
“Full Spectrum Vibrational Healing for the Meridians, Chakras and Figure Eight Energies”
by Evelyn Mulders

Ministerial Fire Couple ⁸⁹

Love /Hate

*I am in the rhythm of life,
getting better every day*

OVERVIEW

Fire in the Five Element Theory is associated with summer. Summer is a time of the most intense heat. Fire is associated with the colour red, which is definitely a predominant sight in the heat of the summer when the forests are ablaze. If the face shows red, it is a sign that the heart is involved. Jovial fellows often have a red hue to their face. Joy or lack of joy, are the emotions that have the greatest effect on the Fire element.

The Fire element consists of four meridians divided into Sovereign and Ministerial Fire. Sovereign Fire is the Heart Meridian and Small Intestine Meridian. Ministerial Fire is the Circulation/Sex Meridian and the Triple Warmer Meridian. The two Yin Meridians are the Heart and Circulation/Sex Meridians. The two Yang Meridians are the Small Intestine and the Triple Warmer Meridians.

The sound associated with this joyous element is laughter. The sense organ for the Fire element is the tongue. If ever there is a roughness or pimples on or at the end of the tongue it is a warning to take care of your heart. What is in your heart that you need to express?

The Fire element is expressed through the blood of the body, the taste is bitter and the smell is burnt or scorched.

The Triple Warmer Meridian is not related to an organ, but is related to a collection of functions. The burners are the Upper Burner, the Middle Burner and the Lower Burner. The Upper Burner is situated from the diaphragm upwards and includes the heart, lungs, pericardium and throat and head. The Middle Burner is located from the diaphragm to the umbilicus and includes the stomach, spleen and gall bladder. The Lower Burner is located be-

MERIDIAN & FIVE ELEMENTS
MINISTERIAL FIRE COUPLE



ASSOCIATED MERIDIANS

**CIRCULATION/SEX AND
TRIPLE WARMER**

PHYSICAL COMPONENT

Circulation, lymphatic system and hormonal function

EMOTIONAL COMPONENT

Love

METAPHYSICAL COMPONENT

Communication and growth in relationships

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COLOURRed
 SEASONSummer
 SOUNDLaughing/Giggling
 NOTE‘G’
 TASTEBitter
 ODORScorched
 CONDITIONSHeat
 CONSCIOUSNESS .Spirit, self-awareness,
 I am” consciousness
 ACTIVITYYin – Wisdom,
 knowing, deep synthesis, (“knowing”) of life
Yang – Intellect,
 awareness, discernment
 SENSETaste
 ACTIONSight
 TISSUES.....Blood Vessels
 FLUID.....Sweat

PHYSICALHeart and Circulation
 EMOTIONALExcess
 MENTAL.....Idealism
 SPIRITUAL.....Expression

low the umbilicus and includes the liver, kidneys, intestines, and bladder.

Symptoms that may be associated with obstruction in the Triple Warmer Meridian may include: pain in the lateral aspect of the arm and elbow, pain around the circumference of the ear, ringing in the ears, congested and sore throat, abdominal distention, swelling in the cheek, pain in the shoulder, and edema.

The Circulation/Sex Meridian is closely related to the heart. It functions as an external covering of the heart and protects it from attacks by exterior pathogenic factors. When heat invades here this is characterized by delirium, mental confusion, aphasia and high temperature. Symptoms of an imbalanced Circulation/Sex Meridian may include palpitations, mental restlessness, flushed face, mental disturbance, stifling feeling in the chest, spasms in the arms, swollen feeling in the armpit or sensation of heat in the palms. The Circulation/Sex Meridian influences a person's relations with other people. Points on this channel are often used to treat emotional problems caused by relationship difficulties.