

## Crown Chakra

255

CROWN CHAKRA

*Beauty / Creativity / Inspiration*

*I am one with all creation.  
I am consciously living my divine purpose.*

### LIVE IN THE PRESENT MOMENT

The Crown Chakra is considered one of the highest vibration centers and is associated with "spiritual quest". This chakra is most open when people are in prayer or searching for the meaning of life. The opening of the Crown Chakra allows one to enter the higher states of consciousness. It is the chakra of prayer.

The Crown Chakra is about oneness with God, beauty, creativity, divine inspiration, faith and spirituality.

This chakra is located on the top of the head. Through the seventh chakra we get our divine inspiration and our divine creativity. This is the chakra where everything comes together and we get the big picture. This is where all the information from all the chakras, merge. When this chakra is open there is a sense of peace, serenity, knowing and a connection with the universe.

Being dedicated to one's life path is characteristic of a strong Crown Chakra. These people have a soul connection with God and are able to access knowledge from this higher intelligence.

When your Crown Chakra is balanced, your life is working in all areas and you feel totally at peace with yourself, God and life itself.



#### COLOUR

Violet

#### COMPLIMENTARY COLOUR

Yellow

#### SOUND

Note B

#### SENSE

Thought

#### LOCATION

Cerebral Cortex

#### BASIC PRINCIPLE

The right to know and learn

#### ASSOCIATED GLANDS

Pineal/Pituitary

#### ASSOCIATED MERIDIANS

Central and Governing

#### EMOTIONAL COMPONENT

Attachment

#### PHYSICAL COMPONENT

Brain and the central nervous system.

**“The Essence of Sound”**  
**“Full Spectrum Vibrational Healing for the Meridians, Chakras and Figure Eight Energies”**  
by Evelyn Mulders

**INSUFFICIENT BROW CHAKRA ENERGY:**

Spiritual cynicism  
Learning difficulties  
Feeling separated from abundance  
and wholeness  
Fear of death  
Uncertainty and lack of purpose

**EXCESS BROW CHAKRA ENERGY:**

Over intellectualism  
Confusion  
Spiritual addiction  
Disassociation from body

**HARMONIOUS FUNCTION OF THE BROW  
CHAKRA:**

Intelligent, thoughtful and aware  
Sense of spiritual connection  
Open minded  
Wisdom  
Ability to perceive and analyze  
Assimilate information  
Mastery

**PHYSICAL IMBALANCES:**

Nervous system imbalances  
Poor short term memory  
Poor co-ordination  
Tired  
Hallucinations  
Ringing in the ears  
Dimming of vision

**EMOTIONAL IMBALANCES:**

Feeling misunderstood  
Needing sympathy  
Shame, self-denial and self-abasement  
Negative self-image  
Not understanding need for tenderness