



The Protocol

Follow these simple step by step instructions and experience the divine qualities of healing, guidance and resources the angels are offering you.



Measure your vitality on the Sound Essence Vitality Percentage Chart.



Use Angel Blessings Cards (Rev. Dr. Kimberly Marooney) to draw a few more angels to give you greater insight and support with your focus.



Ask the angels what you specifically want help with.



Read the affirmations of the Sound Essence Archangel Blessings as you mist the sound spray. With your eyes closed, mist 2-3 pumps of the mister above and in front of your self and step into the falling mist.



Re-measure your vitality on the Sound Essence Vitality Percentage Chart and notice that your life force energy is depleted by thinking of what you don't have and really want.



Listen for your message and offer heartfelt gratitude to the angels for your insights.



Use the Archangel Blessings Dowsing Fan to select the Archangel Blessings Mister needed.



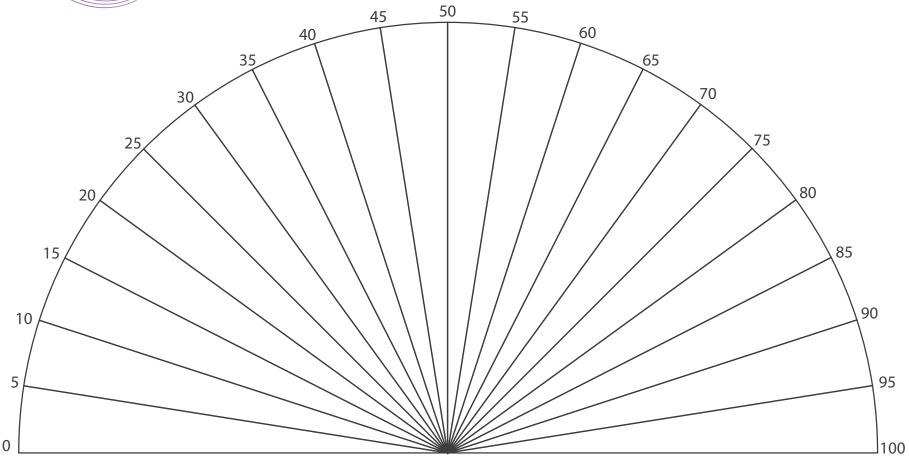
Re-measure your Vitality on the Sound Essence Vitality Percentage Chart.





Percentage Chart

Measure your vitality on the Sound Essence Vitality Percentage Chart and notice that your life force energy is depleted by thinking of what you don't have and really want.





Archangel Dowsing Fan

Use the Archangel Blessings Dowsing Fan to select the Archangel Blessings Mister needed.









Michael

I am divinely guided & protected



Gabriel

am in alignment with Divine Will



Metatron

I am living my soul's purpose



Raphael

I am healthy and peaceful

The Affirmations

Read the affirmations of the Sound Essence Archangel Blessings as you mist the sound spray. With your eyes closed, mist 2-3 pumps of the mister aboveand in front of your self and step into the falling mist.



Inchange Jophiel

I am creative and abundant



schangel Chamuel

I am loving and joyful



Uriel

I am a being of light

The Affirmations - Page 2

Archangel Michael - Mighty and powerful in the ways of the Lord, Michael comes to set us free from pain, fear, and old stories, opening our hearts to the truth of the amazing beings that we are. Michael awakens our memory of truth. We are powerful Children of the Most High! Wise, abundant, loving, and creative. We are entitled to love, respect and support. Michael's Solar Plexus Activation opens a base of Trust, Safety and Connection so we can personally experience the Divine Presence that is with us always. Michael said, "I am the power of Truth. I come to shine the light of truth into the darkness of illusion. My sword is razor-sharp honesty slashing away false concepts, beliefs and self images to reveal your magnificent Self. My orb is the presence of truth - self-realization manifest in you. While my armor and sword may seem harsh, I am the champion of your true Being. At times, a savage slaughter of illusion is necessary to awaken you to truth. Underlying this force is the tenderest love. "I protect your true Being with fierce devotion and a tender embrace." Invite Archangel Michael to Activate your Divine Heritage of safety and trust.

Archangel Metatron - Archangel Metatron is here to help leaders come out of hiding to step forward in truth and wisdom. His Activation of the Ascension Chakra at the back of our heads increases the flow of Divine Love to help us shift our focus from fearful and judgmental thoughts of the lower mind. Divine Love dissolves who we are not and elevates our consciousness to truth. When the Ascension Chakra opens, our ability to align with Divine Will is enhanced. Body, emotions, mind, intuition, and soul align to serve our true Being in joy, love, and delight. Metatron is a vast, complex being of great power. He serves many functions including head of the archives, also known as the Akashic Records. Sacred geometry manifests through Metatron's Cube, and helps us to journey beyond time and space into the eternal now. Hebrew wisdom says that he was not always an angel, but was once known as Enoch. Your inner most thoughts create your outer reality through magnetic attraction. Invite Metatron to elevate your thinking and consciousness, opening you to greater awareness of your soul purpose and life calling. Metatron said, "create from your heart through love and the rewards will be great."

Archangel Gabriel - Archangel Gabriel brings the remembrance of your soul calling and life purpose. Gabriel Activates the Soul Star just above your head, and your crown chakra. Pure transcendental light flows down from the Heavens, from God, and your true Being through your soul, Soul Star, and into your body and life. Your path is illumined. The way is made clear. Very great are the resources and treasures that flow to you, empowering your soul calling. One of Gabriel's main jobs is to bring good news to those who are being called to spiritual mission. He appeared to Mother Mary with the remembrance of her mission as the birth mother of Jesus. Gabriel watched over the prophet Muhammad and provided the sacred text. Gabriel influenced Zoroaster who founded monotheism and was a great angelologist. Angel Gabriel was one of the voices that inspired and guided Joan of Arc. When you are ready, Gabriel announces the duties of your spiritual destiny. Sometimes in bright, dramatic visions, and sometimes in quiet, gentle ways that you discover over time. Pray each night for Gabriel to enfold you in his Resurrection Flame so you can awaken renewed and triumphant, living upward into your soul destiny.

Archangel Raphael - Archangel Raphael comes with love and compassion to heal your deepest wounds. Raphael said, "The Children of Light are sensitive, tender, empathic beings who often choose illness as the path of awakening." Raphael heals our physical bodies, emotions, and mind through Divine Love. He activates a facet of the heart that makes Self Love possible! This energy

center receives waves of Love allowing you to feel how loved and treasured you are. Experiencing Divine Love, you learn to love yourself. Self Love brings deep and profound healing so you may thrive. As you heal, Raphael calls you into service. Raphael said, "I am he who cures. God cures through me. You are my heart and hands in this world. Most of the Children of Light cannot yet see me or perceive my presence. So I turn to you, calling to my Children who walk the earth. Take my hand. Remember who you truly are. You have a unique calling and abilities. We have come to awaken your dormant healing abilities and sleeping heart. Are you ready?" Invite Raphael to activate your Healers Heart and Hands, allowing your hands to become luminous tools for Raphael's healing energy to flow through.

Archangel Jophiel - Jophiel, the Angel of Creative Power, guides us to discover the Light within. Jophiel's Quickening Activation expands your ability to connect with God and Home, opening pathways to receive Divine Guidance. Jophiel said, 'There is no need to suffer from lack with an abundance of creative power available for the asking. God wants us to join in co-creation, sharing the joy of directing energy into form. Seed ideas from the Divine are in the wind for us to catch and then nourish, energize and externalize.' Creating with the heavenly host is a remarkable experience. Jophiel helps you to receive and manifest in this world. Ask Jophiel to fill you with divine visions of what you desire. Jophiel will gather the perfect angel team to support your co-creative process. You are a unique, beloved Child of Light. You were born with special gifts and abilities. Jophiel activates the center of co-creativity in the third-eye to allow you to see the visions that God would have you manifest. You have choice what you are creating! Choose to create from love, truth and from the blueprints of the Divine. Every thought, word spoken, and action in this world is a creation. Choose well.

Archangel Chamuel - Chamuel means "He who seeks God." Are you a seeker of the Divine? Then Chamuel is guiding you. Chamuel anchors the power of adoration from Heaven where there is only a constant rhythm of praise and joy. "Lo, I AM Chamuel. I am with you, even until the close of this age. This is the age of Love - of oneness, of unity, of truth. You are a Child of Light. I come as the cosmic parent to hold you as you battle to wake up from the dream of separation into the bright light of who you are! You are love. You are joy, sweetness, compassion. You are truth. You have come into this body to assist with the dawning Golden Age of Enlightenment for humanity. You are cherished, loved, and treasured. The dream of human life is confusing. You are stripped of memory and resources, then sent forth to accomplish massive tasks. And you succeed! Through impossible situations, you reconnect with your true qualities and Being. You find a way to tap into the heavenly treasury to access everything needed. Such is the path of human existence." Ask Chamuel to activate worthiness and adoration in your heart.

Archangel Uriel - Uriel means Light of God. "I AM Uriel - Archangel - Angel Lord. I am a powerful Being of the All Mighty - powerful beyond imagining. Yet that power is love. It is the most powerful force in all of creation - and it is tender, kind, gentle, compassionate. It is I who responds with my legions of angels when you cry out for help. We watch over you, patiently waiting for those moments of desperation when you reach out for us. That is how it is in the beginning of our relationship. As you grow and mature spiritually, as you awaken and feel the calling of your soul into the service of God, it is I who responds, guiding you to become an Angel on Call. An earth angel. You are literally an Angel. There is a divine plan operating in your life, guiding you. I work closely with your Guardian Angel, your soul, your true Being and your team of angels. We are helping you awaken to the truth of who you are. You are a great and glorious Being of Light. Feel that truth!" Ask Uriel to upgrade your earthly equipment and energy field so you can receive his Benediction Activation.

