

Etheric Template Body ²⁷⁹

ETHERIC TEMPLATE BODY

The Etheric layer searches for the truth hidden behind the illusion of appearances. It is in the Etheric Template where we get the will that provides us with the power to create our divine purpose in this world. Our lives seem to flow effortlessly when we are aligned with our sole purpose and trusting the universe.

The following is the writing from Phillip Rafferty's Kinergetics Manual:

The Etheric Template is the Light Body, which contains all the forms that exist on the physical plane in a blueprint. It is the template for the Etheric Body, which is in turn the template for the Physical Body. It looks like the negative of a photograph. Its forms exist in negative space, creating an empty space in which the etheric grid structure grows and upon which all physical manifestation exists. It extends out from the body past the Astral Body.

It contains in symbol form, all the archives for the physical experience of life. It's a library, where records of all our experiences and memories, which relate to our Mental and Emotional Bodies, are placed, put in order and retrieved by the Etheric Body. It holds the laws of physicality, for the emotional being and for the mental being.

The Etheric Template is related to the Throat Chakra because it is a dynamic and expressive Body that presents and receives its content freely.

A lot of interplay occurs and energy flows between these Light Bodies. The symbols and records of this Body are retrieved and ordered by the Astral Body, interpreted by the Mental Body, presented as emotion for physical experience by the Emotional Body to the Etheric Body, which then filters the images and feelings and presents them to the Physical Body to elicit defensive actions or thought. The Physical Body finally chooses to respond to those filtered images providing "real" experiences. This process works the other way when records are to be placed in the Etheric Template.

COLOUR

Blue

SOUND

Note G

LOCATION

18-24 inches away from skin

ASSOCIATED CHAKRA

Fifth Chakra – Throat Chakra

EXPRESSION OF CONSCIOUSNESS

Higher will

STATEMENT OF CONSCIOUSNESS

I will

PROPERTIES

Template

Contains all the forms that exist on the physical plane in a blueprint or template form. It is the grid structure upon which the physical body grows.

PURPOSE

is to provide support of the Etheric Body. It is the level at which sound creates matter: It is at this level that sounding in healing is the most effective.

ASSOCIATED

with aspects of the physical body. It is the blue print of the lower etheric body where matter is shaped into the physical aspect.

ISSUES

Communication
Creativity
Listening
Resonance
Finding one's own voice

PHYSICAL ATTRIBUTES

The Etheric spiritual body is the place where the soul connects to the body. By working with the parallel auric layer, we gain access to the data and the energies available to acknowledge or speak the truths and wishes of our being. This is a very important step in manifesting the physical.

MENTAL ATTRIBUTES

Connects us to the realms of possibilities so that we can select which beliefs, truths, and realities most authentically reflect us.

EMOTIONAL ATTRIBUTES

We can receive new insights in ways to feel and express ourselves more.

SPIRITUAL ATTRIBUTES

Allows the soul to explore its options.

HEALING APPLICATIONS

Becoming conscious of this auric layer specifically of its two-fold nature, can help us become conscious of our decisions and their potential outcomes. Through this layer we can also gain access to the words or actions that created our current conditions. The opportunities for change and transformation are limitless.

The Etheric Template form represents the Divine laws for physical, mental and emotional existence. Through this body we can be very dynamic, expressive, purposeful, have strength of will, experience life as being a plan of perfect order, and realize our power of co-creation. Such individuals can surrender to whom they really are and are not shaped according to societal norms.

In disease, when the Etheric Body becomes disfigured, the Etheric Template must be repaired, as the Etheric Template is the origin of the Etheric Body.

Distortions on this level can be expressed as a lack of a sense of purpose or a feeling of being unconnected to life, out of sync with life, not truly belonging on Earth. An imbalance in the Etheric Template may lead to feeling intimidated by others who strive for precision or who exhibit a strong, clear will. Such individuals may rebel against clarity and order, seeing it as a hindrance to freedom, and a block to creativity.

Distortions on this level of the aura can also lead to difficulties in speaking and following one's own truth. Such individuals may feel inhibited to stand up for what they know, or if they do express themselves, they may have trouble maintaining and expressing truth in a positive way.

However, if the Etheric Template is over-active, individuals may be denying their creative freedom with a rigid dictatorial point of view of order. They may feel as if everything must go according to plan, resisting any flexibility. They will likely be lacking a stimulating emotional life.

It is on this level where sound healing is most effective; as it is at this level that sound not only changes matter, but also creates matter.