

We are surrounded by two toroidal fields, one inside of the other which are connected to our sacred space and to the tiny space of the heart. The heart is everything, it is the space of LOVE and a gateway to the divine.

The space at the centre of the torus is the point of singularity, some consider it the void and infinity. This is the space where all consciousness resides, the source of the source-field and a space where all things are connected. When the electromagnetic field is pulsing harmoniously, the tiny space of the heart has the potential to shine light. This light from the heart connects with the light of our pineal gland to open the third eye into unity consciousness.

The energy of our torus is constantly refreshing and influencing itself. By keeping an open, loving heart we can affect our own well being and that of others.

In geometry, a torus (plural tori) is a surface of revolution generated by revolving a circle in three-dimensional space about an axis that is coplanar with the circle. The axis in humans is both our body and in our heart.

The action of a torus is energy flowing in through one end circulating around the centre and exiting the other side. It is balanced, self regulating and always whole. The torus is a fundamental part of nature, everything moves in this form. The torus is the primary pattern nature uses for life on every scale; shells, plants, trees, people, the earth, sun, and Universe. It is the key to everything because our entire life is created by and from this geometric form.

Within our bodies, each chakra, each acupuncture point, every energy centre is a toroidal flow. It flows within itself. The human torus connects to larger tori, which is part of our individual souls. All tori are connected to Source.